



Name _____

Department of Ophthalmology
Santa Rosa

MR # _____

POSTOPERATIVE INSTRUCTIONS: CORNEAL TRANSPLANT

AT HOME:

You will go home from the operating room with a patch and shield on your eye. Later in the day the eye may begin to throb: if it does, loosen the patch. This will usually eliminate the pressure feeling. You should not lift heavy objects or bend over and lift. Resume your normal diet and rest.

VISION:

This operation is much different than cataract surgery. It takes at least a year for full visual recovery and at least three months before you are able to get temporary glasses or a contact lens to improve your vision. You may resume driving when your vision improves.

PAIN:

Resume all your previous eye drops and medications.
Take Tylenol every four hours to prevent pain. Should you develop severe pain or nausea and vomiting, please call the Hospital operator at (707) 571-4000 and ask to be connected with Ophthalmologist on call.

MEDICATION:

Bring all of your medications to your visits with the eye doctors. We can then be certain what you are putting your eyes.

RISK OF REJECTION:

For the rest of your life you are at risk for corneal rejection. We will use steroid drops to avoid rejection reactions. But, steroids used for long periods of time can cause cataracts. Your doctor will instruct you as to how and when to use your steroid drops. Rejection reactions are usually associated with blurry vision and redness in your eye. Rejection reaction can be successfully treated if recognized early, but can cause the corneal transplant to fail if not treated. Please contact Dr. Paglen at the following numbers if you suspect you are having a rejection reaction:-

Day (707) 566-5222

Evening and weekend (707) 571-4000 and ask to be connected to the on call Ophthalmologist

These instructions have been explained to me. I understand them and have received a copy of them.

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|--|------|
| Signature of patient or legal representative | Date |
|--|------|